

April 2025

Middle School Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Warning!
Some allergen information on these menus may be incorrect due to a system update. Do not rely on this information at all times. If you have an allergy, medical, or dietary concern, please speak with your cafeteria manager prior to participating in the meal.

1

- Breakfast
- Sausage, Cheese & Biscuit Sandwich
 - Cinnamon Toast Crunch
 - Reduced Sugar Trix
 - Apple Cinnamon Cheerios
 - Cheerios
 - Corn Chex
 - Frosted Corn Flakes
 - Sliced Whole Grain Cinnamon Toast

2

- Breakfast
- Whole Grain Waffles
 - Blueberry Topping
 - Frosted Cinnamon Pop-Tart
 - Frosted Strawberry Pop-Tart
 - Low Fat Mozzarella String Cheese

3

- Breakfast
- Iced Cinnamon Roll
 - Whole Grain Blueberry Muffin
 - WG Banana Muffin
 - Whole Grain Apple Cinnamon Muffin
 - WG Chocolate Chocolate Chip Muffin
 - Sliced Whole Grain Cinnamon Toast

4

- Breakfast
- Scrambled Eggs with Cheddar Cheese
 - Fresh Baked Whole Grain Biscuit
 - Strawberry Mango Smoothie
 - Honey Graham Crackers

7

- Breakfast
- Apple Frudel
 - Whole Grain Blueberry Muffin
 - WG Banana Muffin
 - Whole Grain Apple Cinnamon Muffin
 - WG Chocolate Chocolate Chip Muffin
 - Low Fat Mozzarella String Cheese

8

- Breakfast
- Chicken Tenders
 - Whole Grain Waffle
 - Baked Apple Slices
 - Cinnamon Toast Crunch
 - Reduced Sugar Trix
 - Apple Cinnamon Cheerios
 - Cheerios
 - Corn Chex
 - Frosted Corn Flakes
 - Sliced Whole Grain Cinnamon Toast

9

- Breakfast
- Breakfast Banana Split
 - Frosted Strawberry Pop-Tart
 - Frosted Cinnamon Pop-Tart
 - Low Fat Mozzarella String Cheese

10

- Breakfast
- Strawberry Cream Cheese Stuffed Bagel
 - Cinnamon Toast Crunch Cereal Bar
 - Cocoa Puffs Cereal Bar
 - Trix Cereal Bar
 - Sliced Whole Grain Cinnamon Toast

11

- Breakfast
- Fresh Baked Whole Grain Biscuit
 - Old Fashioned Gravy
 - Strawberry Banana Smoothie
 - Honey Graham Crackers

14

- Breakfast
- Sausage, Cheese & Biscuit Sandwich
 - Whole Grain Blueberry Muffin
 - WG Banana Muffin
 - Whole Grain Apple Cinnamon Muffin
 - WG Chocolate Chocolate Chip Muffin
 - Low Fat Mozzarella String Cheese

15

- Breakfast
- Cinnamon Toast Crunch Mini French Toast Bites
 - Cinnamon Toast Crunch
 - Reduced Sugar Trix
 - Apple Cinnamon Cheerios
 - Cheerios
 - Corn Chex
 - Frosted Corn Flakes
 - Sliced Whole Grain Cinnamon Toast

16

- Breakfast
- Grits Breakfast Bowl
 - Frosted Strawberry Pop-Tart
 - Frosted Cinnamon Pop-Tart
 - Low Fat Mozzarella String Cheese

17

- Breakfast
- Blueberry Bash Waffles
 - Cinnamon Toast Crunch Cereal Bar
 - Cocoa Puffs Cereal Bar
 - Trix Cereal Bar
 - Sliced Whole Grain Cinnamon Toast

18

- Breakfast
- Egg & Cheese Bagel Sandwich
 - Pineapple Orange Smoothie
 - Honey Graham Crackers

21

- Breakfast
- Honey Butter Chicken Biscuit
 - Whole Grain Blueberry Muffin
 - WG Banana Muffin
 - Whole Grain Apple Cinnamon Muffin
 - WG Chocolate Chocolate Chip Muffin
 - Low Fat Mozzarella String Cheese

22

- Breakfast
- Whole Grain Pancake Donut bites with Strawberries
 - Cinnamon Toast Crunch
 - Reduced Sugar Trix
 - Apple Cinnamon Cheerios
 - Cheerios
 - Corn Chex
 - Frosted Corn Flakes
 - Honey Graham Crackers

23

- Breakfast
- Turkey Ham, Egg & Cheese Burrito
 - Frosted Strawberry Pop-Tart
 - Frosted Cinnamon Pop-Tart
 - Low Fat Mozzarella String Cheese

24

- Breakfast
- Breakfast Turkey Sausage Pizza
 - Cinnamon Toast Crunch Cereal Bar
 - Cocoa Puffs Cereal Bar
 - Trix Cereal Bar
 - Honey Graham Crackers

25

- Breakfast
- Fresh Baked Whole Grain Biscuit
 - Old Fashioned Gravy
 - Banana Pineapple Smoothie
 - Honey Graham Crackers

28

- Breakfast
- Whole Grain French Toast Sticks
 - Turkey Sausage Patty
 - Whole Grain Blueberry Muffin
 - WG Banana Muffin
 - Whole Grain Apple Cinnamon Muffin
 - WG Chocolate Chocolate Chip Muffin
 - Low Fat Mozzarella String Cheese

29

- Breakfast
- Sausage, Cheese & Biscuit Sandwich
 - Cinnamon Toast Crunch
 - Reduced Sugar Trix
 - Apple Cinnamon Cheerios
 - Cheerios
 - Corn Chex
 - Frosted Corn Flakes
 - Sliced Whole Grain Cinnamon Toast

30

- Breakfast
- Whole Grain Waffles
 - Blueberry Topping
 - Frosted Cinnamon Pop-Tart
 - Frosted Strawberry Pop-Tart
 - Low Fat Mozzarella String Cheese

If you have a food allergy, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.